

COME JOIN US FOR

# SPRING FEVER 2019

CLASSES BEGIN

January

28

FREE REGISTRATION  
till DECEMBER  
24th

OPEN HOUSE  
JANUARY 19th 11AM-2PM



920.822.7400



551 HWY. 32 PULASKI, WISCONSIN 54162

SARAHSDANCEACADEMY.COM



# Sarah's Dance Academy

551 State HWY 32  
Pulaski, Wisconsin 54162  
(920) 822-7400

Email: [SarahsDanceAcademy@yahoo.com](mailto:SarahsDanceAcademy@yahoo.com) Website: [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com)

**Sarah's Dance Academy** invites dancers and parents to join us **2019 Spring Dance Season**. We are delighted to begin our Fifteenth Dance Year. Spring Classes will begin on Monday, January 28, 2019 and all classes will end on Friday, May 10, 2019.

Please read the following information carefully:

- [Studio Policies and Procedures](#)
- [Calendar of Events](#)
- [Class Schedules and Tuition Chart](#)
- [Registration and Release Form](#)

Registration information can also be found online at [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com).

Please register early in order to reserve your place in class. Our schedules are filled on a first-come, first-serve basis. 2019 Spring Class Registrations must be received by January 19, 2019.



**Sarah L. DeGroot**  
Owner & Director of Dance  
Instruction

Mrs. Sarah has directed Sarah's Dance Academy in dance for the past 15 years. Sarah's Dance Academy believes in building strong relationships with children, families, and communities. We promise to provide a fun, healthy, and safe environment for all ages, cultures, and skill levels. As professional dance instructors, our goal is to provide high quality educational dance while at the same time providing each student with self-worth and the 'love of dance'.

**Sarah's Dance Academy** is a professional dance center located in Pulaski, Wisconsin and serving the NE Wisconsin area. We pride ourselves in not only teaching dance steps, but installing values and grace into each of our dancers. Our professional staff, along with our unique dance curriculum, is designed to bring out the best in each of our students. We offer classes in Dance, Acro-Gymnastics, and Fitness to girls and boys ages 2 through adult, in all styles and skill levels.

Our students are our future, and we are dedicated to providing them with the best possible instruction, while building relationships with each student and their family. We offer not only the best instruction, but superior customer service.

Our class sizes are limited in order to give each student more individual attention and faster progression.

Join in the FUN this spring, where there truly is "Something for Everyone" here at **Sarah's Dance Academy**. We hope to see YOU in January!

*Mrs. Sarah L. DeGroot*

Owner & Director of Dance Instruction

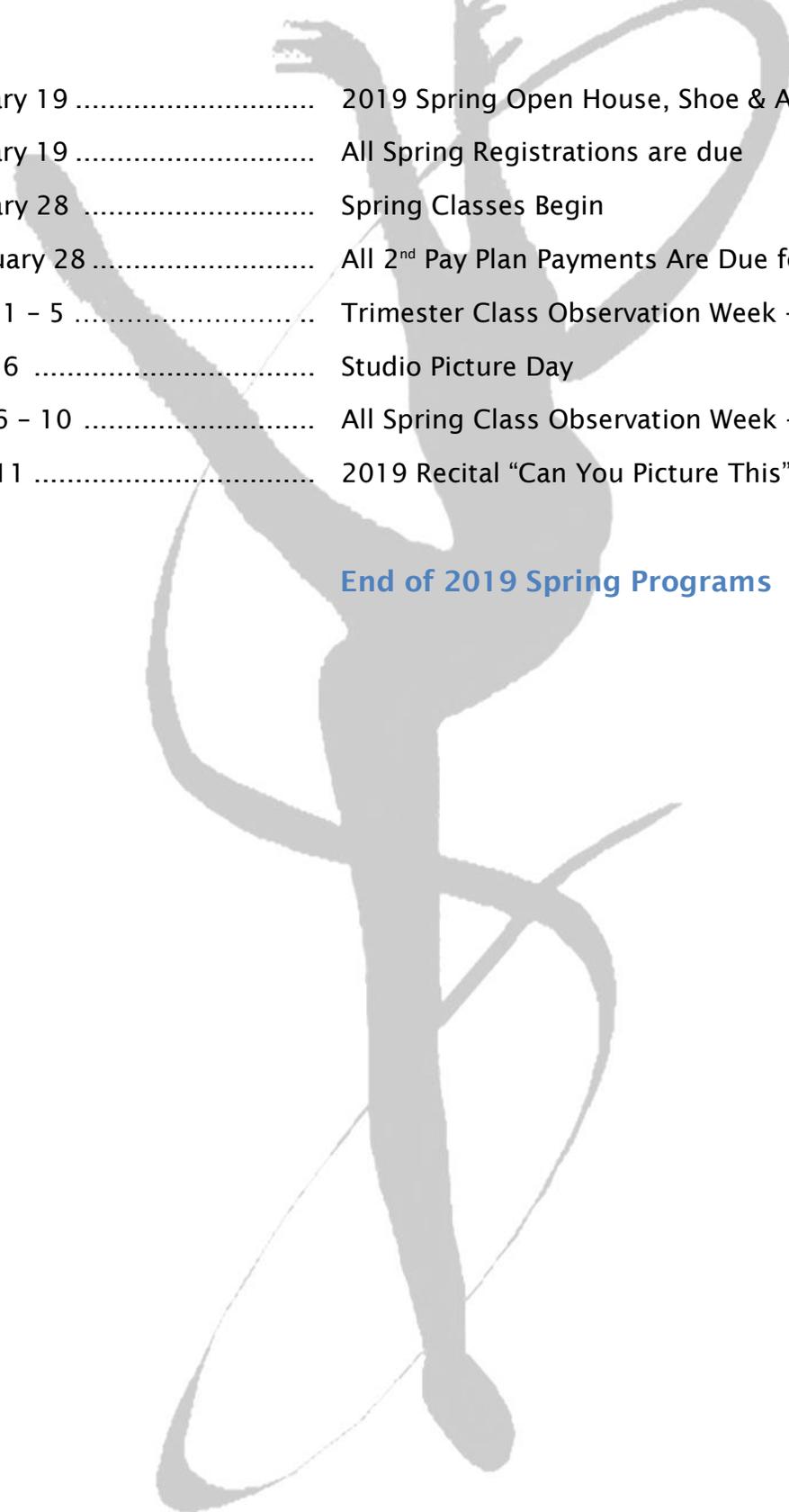
*"Your revelation is the tune I dance to." - Ps. 119:77*



Sarah's Dance Academy ~ Like us on Facebook & Twitter

# *Sarah's Dance Academy*

## 2019 SPRING CALENDAR OF EVENTS



January 19 .....	2019 Spring Open House, Shoe & Apparel Ordering (11am - 2pm)
January 19 .....	All Spring Registrations are due
January 28 .....	Spring Classes Begin
February 28 .....	All 2 <sup>nd</sup> Pay Plan Payments Are Due for Spring Classes
April 1 - 5 .....	Trimester Class Observation Week - End of Trimester Classes
April 6 .....	Studio Picture Day
May 6 - 10 .....	All Spring Class Observation Week - End of Spring Classes
May 11 .....	2019 Recital "Can You Picture This"

**End of 2019 Spring Programs**

# *Sarah's Dance Academy*

## 2019 SPRING STUDIO POLICIES AND PROCEDURES

### Studio Policies

Classes will begin January 28, 2019 and will continue through May 10, 2019. Class Registration is due January 19, 2019. All classes must be paid on the dates that they are due. Payment must be paid in the form of cash or check. There is a \$30 charge for returned checks, followed by payment in cash. *There will not be any payment invoices sent out for tuition fees.* Please watch the Dance Studio Bulletin Board, monthly Dance Newsletter, or refer to this Schedule for all payment dates. Please note that if a payment is 1 to 30 days late, there will be a \$10 Late Fee charged monthly, per-student, per-class in addition to the designated Tuition Charge. If your account is LATE 60 days or more, your child will be suspended from *Sarah's Dance Academy* until all Tuition and Late Fees are paid in full. Payment for dance classes must be made as listed on the [2019 Spring Tuition Schedule](#). *There are no refunds or adjustments for missed classes or for dropping out of class during the term.*

### Dance Shoes and Attire

**Combination Class Shoes (ages 3 to 6):** Black tap, black ballet, or jazz boot shoes.

**Combination Class Shoes (ages 7 to adult):** Black stretch jazz boots.

**Combination Class attire for girls:** Any color leotards, (optional) skirt, or dance pants/shorts, hair pulled up out of face.

**Combination Class attire for boys:** Dance pants and a tight-fitting solid color tee shirt.

**Two-Year-Old Movement Class:** Black ballet shoes, leotard, and tights (a skirt is optional.)

**Fairy Tale Dance Class:** Black ballet shoes, leotard, and tights (a skirt is optional.)

**Ballet Class:** Black leotards, pink tights, skirts of any color or pattern, and pink leather or canvas ballet shoes. No "Dance Paws" are allowed in Ballet Class! Hair must be pulled away from face and in a tight bun. Dance attire is strictly enforced.

**Gymnastics ACRO/Tumbling for Dance Class:** Any color leotard or unitard and optional pants or shorts. No Shoes.

**Adult Classes:** Comfy clothes that you can move freely in.

*Please remember that proper dance attire will be strictly enforced beginning the first day of class and continuing through the end of the dance season. You may purchase shoes and attire at our Open House, held on January 20. Your order will be ready by the first day of class.*

### Class Observation

Parents, family, and friends may observe the dancer's class time on their last dance class day, during the week of April 1-5 (Trimester classes) or May 6-10 (Semester classes). Class Observation is not permitted at any other times, thank you. Photo cameras and/or video cameras will be allowed during Observation Week.

### Picture Day

**Caylor Photography** will be photographing all of the dancers April 6, 2019. You will receive detailed information as soon as the date gets closer.

## Open Studio Time

Open Studio Time is for any student of *Sarah's Dance Academy* that wishes to work on their dance material on his or her own time. You may use the Studio at the rates listed below. The Studio may be shared with up to 6 persons at per person rates. There will NOT be an instructor available during these times. You may use *Sarah's Dance Academy* stereo equipment, but you must bring your own music. Any students under 13 years old must have an adult with them. Please sign up at the Front Desk or call the Studio for openings. School Dance Teams may also check out the Studio for open studio time. Please call the Studio for rates and other amazing opportunities for School Dance Teams!

## Weather Policy

If the **Pulaski Public School System** cancels or dismisses classes early due to weather conditions, all dance classes will also be cancelled for that day. Please use your best judgment and check our website for updates on weather cancellations at [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com).

## Attendance, Absences, and Miscellaneous

*Please call the Dance Studio at (920) 822-7400 if you will not be at class.*

Attendance is critical for all dancers. If you must miss a class due to sickness or a family obligation, please contact the Studio as soon as possible. Please be prompt for class and properly attired. All classes will begin and end at their scheduled times. If you are not in proper attire you will be asked to sit out, and, if you are late for class you must ask the instructor for permission to attend class. There is no reimbursement or class time made up due to your absence or for weather conditions.

All students are expected to conduct themselves with self-control and the utmost respect for others. If a student acts in a manner that would put himself, herself, or anyone else at the studio in harm, that student will be dismissed promptly! Class time discipline will be as follows: Two warnings and the student will be given a time-out according to their age. I will not raise my voice or ever use physical discipline. Parents will be informed of their child's negative behavior. Listening and following direction in class is a very important part of dance. Disciplining a dancer takes away from the class time, which is not fair to the other students. Please feel free to ask questions at any time, so long as it does not interrupt class time. I am always open to positive comments and suggestions that would help the studio to improve.

*Sarah's Dance Academy* has the right to refuse instruction to any client, at any time, for any reason.

# *Sarah's Dance Academy*

## 2019 SPRING CLASS OFFERINGS

**Competitive Troupe Team** is a dance team that was developed for dancers who desire to perform more often and take their dance to the next level. Competitive Troupe Team try outs will be held in May 2019. If you are interested in joining one of our Competition Troupe Teams the following classes are highly recommend; Ballet I, II, III and/or Technique Leaps, Turns, and Flex, and an extra class in Gymnastics/ACRO for Dance. Please contact the Studio for more information.

**Semester Combination Class** meets for 60 minutes per week for 15 weeks. This class is for ages 3 to adult. Combination Classes for students ages 3 to 6 will consist of 30 minutes of Tap and 30 minutes of Pre-Ballet or Hip-Hop & Pom/Jazz; for ages 7 and above, 30 minutes of Tap, Pom-Pon, or Jazz, and 30 minutes of Ballet, Hip-Hop, or Lyrical.

**Fairy Tale Dance Class** will be offered in 10-Week increments and meets for 40 minutes each week. This is a pre-ballet class for students that are preschool age (3 to 5 years old). During the initial week a fairy tale story is read to them, and then students learn Pre-Ballet dance movements with music pertaining to the story. The following week the students put on costumes over their leotard/tights and then perform their routine. This class is an excellent dance class for beginning little dancers. It is a fun and rewarding experience for the children to dress up and perform! The Fairy Tale costumes are provided for each student at each performance.

**Two-Year-Old Movement Class** will be offered in 10-Week increments and meets for 30 minutes each week. A parent attends this class with their child. This fast-paced, fun-filled class introduces your child to easy dance movements and gives students the opportunity to be a part of a dance class with the help of Mom or Dad.

**Private Lessons** will be offered by semester and are weekly 30 or 60-minute lessons. You may choose from one of the following types of dance: Tap, Jazz, Lyrical, Modern, Ballet, Pointe, and Hip-Hop.

**Ballet I/III** will be offered by semester and meets for 60 minutes. Classical Ballet is fundamental for all dance classes. Ballet provides the basis for all forms of dance and should be taken first, or concurrently, with Tap or Jazz classes. Ballet teaches proper technique, posture and terminology. Students are grouped together by skill level and experience. Classes labeled Ballet incorporate technical skills and performance skills.

**Gymnastics ACRO/Tumbling for Dance** will be offered by semester meets for 45 minutes. This class develops courage, strength, stamina, coordination, flexibility, and jumping abilities. ACRO and Tumbling unites power and poise with grace and beauty, to create an intriguing Dance. This class is for ages 3 and up.

**Adult Fitness** will be offered by semester and meets for 30-45 minutes per week.

**Pilates** will be offered in 10-Week increments and is a form of strength and flexibility training that can be done by someone at any level of fitness. Pilates focuses on engaging your core while lengthening and straightening muscles. This is a total body work out! Pilates promotes a feeling of physical and mental well-being and also develops inner physical awareness. Since this method strengthens and lengthens the muscles without creating bulk, it is particularly beneficial for dancers. Pilates is also helpful in preventing and rehabilitating from injuries, improving posture, and increasing flexibility, circulation, and balance.

**\*NEW\*** **Adult Ballroom** and **Latin Dance** classes will be offered by semester and meet for 45 minutes per week. Classes offered in Ballroom Dance consist of Waltz, Tango, and the Latin dances of Swing and Rumba. No partner, no worries!

**\*NEW\*** **SDA Birthday Party**. Please contact the Studio for more information.

# *Sarah's Dance Academy*

## 2019 SPRING CLASS SCHEDULES

All dance classes that will be offered for the **2019 Spring Dance Season** are listed below by category. Mrs. Sarah will determine student's placement in class according to student's ability. Choose classes by the time preferred. A place in a dance class will not be reserved without a completed Registration Form and the accompanying Registration Fee. Please contact the **Sarah's Dance Academy Dance Studio** for openings for Private/Semi-Private Lessons, or, if you cannot find a time that works for you. Register online link is on our website at [www.SarahsDanceAcademy.com](http://www.SarahsDanceAcademy.com)

15-WEEK SEMESTER CLASSES	DAY	TIME
<b>COMBINATION (AGES 3-6)</b>		
Tap and Pre-Ballet	Wednesday	4:30 - 5:30 pm
Tap and Pre-Ballet	Friday	5:00 - 6:00 pm
Hip-Hop and Pom	Friday	6:00 - 7:00 pm
<b>COMBINATION (AGES 7-11)</b>		
Jazz, Hip-Hop, Lyrical	Friday	6:00 - 7:00 pm
Jazz, Hip-Hop, Lyrical	Thursday	7:00 - 8:00 pm
<b>COMBINATION (AGES 12+)</b>		
Jazz, Hip-Hop, Lyrical or Pom	Tuesday	8:00 - 9:00 pm
<b>BALLET CLASS</b>		
Ballet I	Friday	5:00 - 6:00 pm
Ballet II	Monday	4:00 - 5:00 pm
Ballet III	Friday	7:00 - 8:00 pm
Pre-Pointe	Tuesday	9:00 - 9:30 pm
<b>GYMNASTICS ACRO/TUMBLING FOR DANCE</b>		
Level I/II	Friday	4:15 - 5:00 pm
Level II/III	Thursday	7:30 - 8:15 pm
<b>TECHNIQUE LEAPS &amp; TURNS</b>		
Technique	Monday	8:00 - 8:40 pm
10-WEEK TRIMESTER CLASSES	DAY	TIME
<b>ADULT CLASSES</b>		
Pilates	Thursday	8:10 - 8:40 pm
Ballroom and Latin	Monday	6:00 - 6:45 pm
Ballroom and Latin	Wednesday	7:00 - 7:45 pm
<b>TWO-YEAR-OLD MOVEMENT (PRE-SCHOOL)</b>		
Two-Year-Old Movement	Tuesday	6:00 - 6:30 pm
<b>FAIRY TALE DANCE (PRE-SCHOOL) (AGES 3-5)</b>		
Fairy Tale Dance	Tuesday	6:30 - 7:10 pm

# Sarah's Dance Academy

## 2019 SPRING TUITION SCHEDULE

15-WEEK SEMESTER CLASSES		DURATION	TYPE	FULL	2-PAY PLAN
All Combination Classes	60 minutes	Semester	\$195	\$103	
Ballet I/III	60 minutes	Semester	\$195	\$103	
Gymnastics ACRO II for Dance	45 minutes	Semester	\$158	\$84	
10-WEEK CLASSES		DURATION	TYPE	FULL	2-PAY PLAN
Fairy Tale	40 minutes	10 weeks	\$130	\$70	
2-Year-Old Movement	30 minutes	10 weeks	\$75	---	
ADULT CLASSES / 10-WEEK CLASSES		DURATION	TYPE	FULL	2-PAY PLAN
Pilates	30 minutes	10 weeks	\$75	---	
Ballroom and Latin	45 minutes	10 weeks	\$158	---	
OTHER		DURATION	TYPE	FULL	2-PAY PLAN
Private Lessons	30 minutes	15 weeks	\$20 per hour	---	
Private Lessons	60 minutes	15 weeks	\$40 per hour	---	
Open Studio Time	30 minutes	---	\$15	---	
Open Studio Time	60 minutes	---	\$25	---	

*Discounts apply ONLY to accounts PAID IN FULL on or before the students first day of class.*

**Refer-a-Friend Discount:** 5% discount applied if you refer a friend

**Multiple Class Discount:** 5% applied to the second class taken, 10% applied to the third class taken

**Or**  
**Family Discount:**       *Second Child:* 5% discount on the second child's tuition  
                                       *Third Child:* 10% discount on the third (or more) child's tuition

Classes are listed per Semester at 15-weeks, or Trimester at 10-weeks

# *Sarah's Dance Academy*

## 2019 SPRING REGISTRATION, TUITION and RELEASE FORMS

Please fill out both pages of this form, sign and date, and return them with your \$15 Registration Fee, due by January 19, 2019 to reserve your place in class. Class schedules are filled on a first-come first-serve basis. Please choose the class(es) and time(s) you are interested in. You will be notified with your exact class times one week before your class begins.

### REGISTRATION

Student Name \_\_\_\_\_ Student Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Mailing Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_ @ \_\_\_\_\_

Parent Name(s) \_\_\_\_\_ School Name and Grade \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Primary Physician or Clinic Name \_\_\_\_\_

Known allergies and other pertinent medical information \_\_\_\_\_

Returning Student  Previous Dance Experience \_\_\_\_\_

How did you hear about our Dance Studio? \_\_\_\_\_

How do you wish to be contacted? Please check one: Phone \_\_\_\_\_ Email \_\_\_\_\_

Class Name	1st Choice Day/Time	2nd Choice Day/Time

***Please read over carefully.***

\*I understand that *Sarah's Dance Academy* reserves the right to refuse instruction to anyone for any reason, at any time.

\*I understand that *Sarah's Dance Academy* reserves the right to cancel a class if enrollment falls below three students per class.

\*I understand that *Sarah's Dance Academy* is not responsible for lost items, stolen items, or unclaimed merchandise.

\*I understand that *Sarah's Dance Academy's* performances are videotaped and may be used for archival and/or promotional purposes.

\*I understand that participation in a dance program involves risk and possible injury.

\*I understand that *Sarah's Dance Academy* and its staff will not be responsible for injuries sustained in class, while performing, or traveling to or from its facilities.

\*I validate that my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program.

\*I authorize *Sarah's Dance Academy* to give medical attention to my child in case of an injury or illness if a parent or emergency contact cannot be reached.

\*I allow *Sarah's Dance Academy* to use my child's name or photographic likeness in all forms and media for advertising, trade, or any other lawful purpose.

## TUITION

*Sarah's Dance Academy* offers payment plans in 2 installments, as a convenience. Your full total tuition is still due. Tuition is non-refundable. There are no refunds or adjustments for missed classes, for dropping out of class or dismissal from class during the term. There will not be any payment invoices sent out for tuition fees. Please watch the Studio Bulletin Board, monthly Newsletter, or refer to this 2019 Spring Packet for payment dates.

CLASS PAYMENTS	DATE DUE	Second Payment
Full Payment Option	First day of class	
Two Payment Option	First day of class	02/28/2019

### Please Choose the Payment Plan of Your Choice:

- Full Payment  
 Two-Pay Plan

Registration Fee in the amount of \$15 per student must accompany your Registration Form ..... \$ \_\_\_\_\_

Total of first tuition payment  
 (1st payment is due on or before the first day of class)..... \$ \_\_\_\_\_  
 See chart above for 2<sup>nd</sup> payment dates.

Total payment enclosed..... \$ \_\_\_\_\_

## RELEASE

Recognizing the possibility of physical injury that is associated with dance, I hereby release, discharge, and/or otherwise indemnify *Sarah's Dance Academy* and its associated personnel, against any claim by or on behalf of the registrant's participation in this program. Further, my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program. In case of an injury or illness and a parent cannot be reached, the staff of *Sarah's Dance Academy* may authorize medical attention be given to the student listed above.

Tuition is non-refundable. There are no refunds or adjustments for missed classes, for dropping out of class or dismissal from class during the term. I agree to pay the student's tuition in full with the Payment Plan that I have chosen above.

I have read and agree to abide by *Sarah's Dance Academy's* policies regarding medical release, tuition, late fees, attendance, and dance attire.

Please initial: Yes, I accept \_\_\_\_\_ No, I decline \_\_\_\_\_ Circle: Parent / Guardian

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Use	Office Use
Date Rec'd ____/____/20____	Entered ____/____/20____
Amount Paid \$ _____	Entered By _____
Check # _____ Cash / Card	Confirmation? Y / N
Received By _____	