

WE'RE EXCITED TO SEE YOU FOR ANOTHER...

SPRING SESSION

FREE
REGISTRATION
UNTIL NOVEMBER 20th

CLASSES BEGIN JANUARY 20th

DANCE & ACRO
GYMNASTICS
CLASSES
OFFERED
TO AGES 2+



(920)822-7400
SARAHSDANCEACADEMY.COM



551 Hwy 32 - Pulaski, Wisconsin 54162 - (920) 822-7400

Email: SarahsDanceAcademy@yahoo.com Website: www.SarahsDanceAcademy.com

Sarah's Dance Academy invites dancers and parents to join us **2025 Spring Dance Season**. We are delighted to begin our Twentieth Dance Year. Spring Classes will begin on Monday, January 20, and all classes will end on Friday, May 16.

Please read the following information carefully:

- [Studio Policies and Procedures](#)
- [Calendar of Events](#)
- [Class Schedules and Tuition Chart](#)
- [Registration and Release Form](#)

Registration information can also be found online at www.SarahsDanceAcademy.com.

Please register early in order to reserve your place in class. Our schedules are filled on a first-come, first-serve basis. 2025 Spring Class Registrations must be received by January 11, 2025.



Sarah L. DeGroot

Owner & Director of Dance Instruction

Mrs. Sarah has directed Sarah's Dance Academy in dance for the past 20 years. Sarah's Dance Academy believes in building strong relationships with children, families, and communities. We promise to provide a fun, healthy, and safe environment for all ages, cultures, and skill levels. As professional dance instructors, our goal is to provide high quality educational dance while at the same time providing each student with self-worth and the 'love of dance'.

At **Sarah's Dance Academy** we pride ourselves in not only teaching dance steps, but installing confidence, values and grace into each of our dancers. Our professional team, along with our unique dance curriculum, is designed to bring out the best in each of our students. We offer classes in Dance, Acro-Gymnastics, and Fitness to girls and boys ages 2 through adult, in all styles and skill levels.

Our students are our future, and we are dedicated to providing them with the best possible instruction, while building relationships with each student and their family. We offer not only the best instruction, but superior customer service.

Our class sizes are limited in order to give each student more individual attention and faster progression.

Join in the FUN this spring, where there truly is "Something for Everyone" here at **Sarah's Dance Academy**. We hope to see YOU in January!

Mrs. Sarah L. DeGroot

Owner & Director of Dance Instruction

"Your revelation is the tune I dance to." - Ps. 119:77



Sarah's Dance Academy ~ Like us on Facebook, Instagram & TikTok

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Sarah's Dance Academy

2025 Spring Calendar of Events

| Date <i>(All dates are subject to change)</i> | Event |
|---|---|
| January 20 | Winter/Spring Classes Begin, 10-Week & 15-Week |
| February 1 | Monthly Payment Plans are due |
| February 3 - 7 | Parent & Dancer Practice and Grand Finale Practice Begins |
| March 1 | Monthly Payment Plans are due |
| March 24 - 28 | Spring Break - NO DANCE |
| March 31 - April 4 | Observation Week for 10-Week Classes |
| April 1 | Final Monthly Payment Plans are due |
| April 7 - 11 | Observation for 30-Week Recital Classes |
| April 14 - 18 | MANDATORY Studio Picture Week - No Practice |
| May 12 - 16 | Observation for all 15-Week Semester Classes |
| May 12 - 16 | End of 30-Week & 15-Week Classes |

End of 2025 Spring Programs

Weather Policy

If the **Pulaski Public School System** cancels or dismisses classes early due to weather conditions, all dance classes will also be cancelled for that day. Classes cancelled because of the weather WILL NOT be made up at a later date. Please use your best judgment and check our website or Facebook for updates on weather-related cancellations.

Picture Day

Caylor Photography will once again be photographing all of the Dancers on *April 14 -18 No Classes this week*. Your dancer will receive detailed information about Picture Day in March.

Open Studio Time

Open Studio Time is for any student of **Sarah's Dance Academy** that wishes to work on their dance material on his or her own time. You may use the Studio at the rates listed below. The Studio may be shared with up to 6 people at per-person rates. There will NOT be an instructor available during these times. You may use **Sarah's Dance Academy** stereo equipment, but you must bring your own music. Any students under 13-years-old must have an adult with them. Please sign up at the Front Desk or call the Studio for openings. School Dance Teams may also check out the Studio for Open Studio times. Please call the Front Desk for rates and other amazing opportunities for School Dance Teams.

SDA Birthday Party

Please contact the Studio for more information.

Sarah's Dance Academy

2025 STUDIO POLICIES and PROCEDURES

Studio Policies

Winter/Spring Classes for our 10-week and 15-week programs will begin the week of January 20, 2025 and will continue through May 16, 2025. All enrollments are paperless and can be completed online at SarahsDanceAcademy.com. **Class Registration Fee is due by January 11, 2025.** Tuition payments can be made by **check** (ACH 0.80% fee), or **credit card** (3% service fee). All fees will be included in your monthly payment. If paying in Full by **cash**, please email the Studio for details. When using the 4-Month Payment Plan, payments are due on the 1st of each month regardless of how many classes are in that month. Upon registration, please go to your online account and enter in payment information. Registration Fee is still due and will be credited to your Tuition Fee if any promotional deals are going on. Tuition for 10-week classes are due in full upon registration. Contact the Studio for Private and Semi-Private Lessons. There is a \$35 charge for returned checks or declined debit/credit card transactions, followed by payment in cash. There will not be any payment invoices sent out for tuition fees.

Please Note: If a payment is 1 to 30 days late, there will be a \$35 Late Fee charged monthly, per-student, per-class in addition to the designated Tuition Charge. If your account is LATE 60 days or more, your child will be suspended from *Sarah's Dance Academy* until all Tuition and Late Fees are paid in Full. Payment for classes must be made as listed in the **2025 Spring Tuition Schedule**. *There are NO REFUNDS, ADJUSTMENTS, or CHARGE BACKS for missed classes, dropping out of class, or suspensions. If dropping during the term, payment in Full is still due.*

Studio Procedures

All dancers, parents, and family members are expected to conduct themselves with self-control and with the utmost respect for others. If a student, parent, or family member acts in a manner that would put themselves or anyone else at the Studio at harm, that person will be promptly dismissed. Listening and following directions in class is a very important part of dance. We are always open to positive comments and suggestions. Please feel free to ask us questions and express your concerns as long as it does not interrupt class time. *Sarah's Dance Academy* reserves the right to stop, refuse instruction, or dismiss a student or family for any reason, at any time, with NO REFUNDS, ADJUSTMENTS, or CHARGE BACKS.

Class Requirements

A Combination Class and/or Ballet Class must be taken along with a Solo, Duet, or Trio Class. A Ballet Class must be taken along with a Pre-Pointe/Pointe Class.

Attendance, Absences, and Miscellaneous

Please call the Dance Studio at (920) 822-7400 if you will not be at class.

Attendance is critical for all dancers. If you must miss a class due to sickness or a family obligation, please contact the Studio as soon as possible. If a student misses more than half of their lessons, they will not be able to perform at the Dance Recital unless Private Lessons are taken to catch them up to their class. Please be prompt for class, and properly attired. All classes will begin and end at their scheduled times. *There is no reimbursement or class time made up due to your absence or for weather conditions.* The Dance Studio is entered coming from our Karcz Drive driveway through the East entrance.

Class Observation

All 10-week and 15-week Class observations will be on their last day of class (the last 10 minutes of class). Class Observation is not permitted at any other times, thank you. Photographic and/or video cameras will be allowed during Observation Week.

Does not apply for Solo, Duet, Trio, and Competitive Classes.

Sarah's Dance Academy

2025 SPRING CLASS OFFERINGS

Competitive Troupe Team is a dance team that was developed for dancers who desire to perform more often and take their dance to the next level. Please contact the Studio for more information on our Competitive Troupe Teams. Our teams for 2024-2025 have already been determined. If you are interested in joining one of our Competitive Troupe Teams, the following classes are highly recommended: Ballet I, II, III and/or Technique Leaps and Turns, and Conditioning. Auditions for the 2025-2026 Troupe Team will be held on April 25 and 26.

Combination Class meets for 60 minutes per week for 15 weeks. This class is for ages 3-years-old through adult. Combination Classes for students ages 3 to 6 years old will consist of 30 minutes of Tap and 30 minutes of Ballet or 30 minutes of Jazz and Pom-Pom and 30 minutes of Hip-Hop; for ages 7 and above 30 minutes of Hip-Hop or Contemporary and 30 minutes of Jazz or Lyrical. This class is perfect for the beginner to advanced dancer. Classes are split by age and skill level.

Fairy Tale Dance Class will be offered in 10-week segments and meets for 40 minutes each week. This is a pre-ballet class for students that are preschool age (3 to 5 years old). During the initial week a fairy tale story is read to them, and then students learn Pre-Ballet dance movements with music pertaining to the story. The following week the students put on costumes over their leotard/tights and then perform their routine. This class is an excellent dance class for beginning little dancers. It is a fun and rewarding experience for the children to dress up and perform! The Fairy Tale costumes are provided for each student at each performance.

Two-Year-Old Movement Class will be offered in 10-week segments and meets for 30 minutes each week. A parent attends this class with their child. This fast paced, fun filled class introduces your child to easy dance movements and gives students the opportunity to be a part of a dance class with the help of Mom or Dad.

Ballet I, II, III, IV, and V. will be offered in 15-week segments and meets 60 min per week. Classical Ballet is fundamental for all dance classes. Ballet provides the basis for all forms of dance and should be taken first, or concurrently, with Tap or Jazz classes. Ballet teaches proper technique, posture and terminology. Students are grouped together by skill level and experience. Classes labeled Ballet incorporate technical skills and performance skills.

Boys Hip-Hop Dance is a structured form of street dance designed to teach coordination, strength, quickness, agility, and endurance. Some tricks may be added. This class is for ages 5 to adult, offered for 15-weeks and meets for 30 minutes per week.

Acro Gymnastics for Dance will be offered for 15-weeks and meets for 45 minutes each week. This class develops courage, strength, stamina, coordination, flexibility, and jumping abilities. Acro Gymnastics for Dance unites power and poise with grace and beauty, to create an intriguing dance. This class is for ages 5 and up.

Technique Leaps, Turns & Flex is geared to build the dancer's flexibility and skills, such as turns, leaps, and jumps, while perfecting skills and building their core, arms, shoulders, and legs. This is a must class for dancers that want to advance to the next level in dance, or for those dancers with the goal of making one of our Competitive Troupe Teams and/or their high school dance team. This class is offered for 15-weeks and meets for 45 minutes each week.

Conditioning provides a regimen of exercise for the development of a dancer's endurance, strength, flexibility and coordination. This class is offered for 15-weeks and meets for 45 minutes each week.

Private Lessons will be offered for 15-weeks and meets 30-minute per week. You may choose from one of the following types of dance: Tap, Jazz, Lyrical, Modern, Ballet, Pointe, and Hip-Hop. Mrs. Sarah will make the final approval of the type of dance. **Prerequisite:** One Combination Class or Ballet Class must be taken in addition to the Private Lesson.

Adult Fitness will be offered by semester and meets for 30 minutes per week, per class. Classes are offered in Pilates and NEW** Line Dancing.

Sarah's Dance Academy

2025 Spring Dance Shoes and Attire

| Class | Attire |
|--|---|
| Combination Class Shoes Tap & Ballet (ages 3 - 6) | Black tap and Pink ballet shoes |
| Combination Class Shoes - Hip-Hop, Jazz, Lyrical & Pom-Pom (ages 3+) | Black stretch Jazz boots |
| Combination/Acro Class Attire for Girls | Any color leotards, tights, skirt (optional), unitards, or dance pants/shorts - hair must be up and out of face |
| Combination/Acro Class Attire for Boys | Dance pants and a tight fitting solid color tee shirt |
| Private Lessons Class | Leotard, dance pants/shorts (no baggy clothing or jeans), hair out of face, boys will wear the same attire as the Boys Combination Class |
| Two-Year-Old Movement Class | Pink ballet shoes, leotard, and tights <i>(a skirt is optional)</i> |
| Fairy Tale Dance Class | Pink ballet shoes, leotard, and tights <i>(a skirt is optional)</i> |
| Ballet Class | Black leotards, pink tights, skirts of any color or pattern, and pink leather or canvas ballet shoes. "Dance Paws" are not allowed in Ballet Class. Hair must be pulled away from face and in a tight bun |
| Gymnastics/ACRO for Dance Class | Any color leotard/unitard <i>(pants/shorts are optional)</i> . No shoes |
| Adult Classes | Comfy clothes and socks, or bare feet |

Please remember that proper dance attire, along with hair being pulled away from your face (Ballet hair must be in a tight bun), will be strictly enforced beginning the first day of class and continuing through the end of the dance season. Also, you may purchase shoes and attire from our Dance-N-It Apparel Store during normal Store Hours, Tuesday and Thursday from 4:00 until 7:00 pm. Your order will be ready to pick up by the first day of class.

Sarah's Dance Academy

2025 SPRING CLASS SCHEDULES

All dance classes offered for the **2025 Spring Dance Season** are listed below by category. Choose classes by the time preferred. A place in a dance class will not be reserved without a completed Registration Form and the accompanying Registration Fee. Please contact the Dance Studio for openings for Private/Semi-Private Lessons, or, if you cannot find a time that works for you.

| 15-WEEK SEMESTER CLASSES | DAY | TIME |
|------------------------------------|-----------|----------------|
| COMBINATION (AGES 3-6) | | |
| Tap and Ballet | Monday | 6:00 – 7:00 pm |
| Tap and Ballet | Thursday | 4:45 – 5:45 pm |
| Hip-Hop and Jazz | Monday | 5:00 – 6:00 pm |
| Hip-Hop and Jazz | Thursday | 4:45 – 5:45 pm |
| COMBINATION (AGES 7-11) | | |
| Jazz and Contemporary | Monday | 6:00 – 7:00 pm |
| Hip-Hop and Jazz | Thursday | 6:30 – 7:30 pm |
| COMBINATION (AGES 12+) | | |
| Jazz and Contemporary | Monday | 7:00 – 8:00 pm |
| BOYS HIP-HOP | | |
| Hip-Hop | Thursday | 4:15 – 4:45 pm |
| BALLET CLASS | | |
| Ballet I/ II | Monday | 6:00 – 7:00 pm |
| Ballet II/III | Monday | 4:00 – 5:00 pm |
| ACRO GYMNASTICS | | |
| Level I | Monday | 4:30 – 5:15 pm |
| Level II | Thursday | 7:45 – 8:30 pm |
| TECHNIQUE LEAPS & TURNS | | |
| Beginner | Thursday | 7:00 – 7:45 pm |
| Intermediate | Tuesday | 6:00 – 6:45 pm |
| Advanced | Tuesday | 6:00 – 6:45 pm |
| CONDITIONING | | |
| Beginner | Tuesday | 6:45 – 7:30 pm |
| Intermediate/Advanced | Tuesday | 6:45 – 7:30 pm |
| RECITAL CLASSES | | |
| Grand Finale | Monday | 5:30 – 6:00pm |
| Parent Dancer | Wednesday | 4:15 -4:45 pm |
| 10-WEEK SEMESTER CLASSES | DAY | TIME |
| Fairy Tale Dance | Thursday | 5:45 – 6:30 pm |
| 2-Year-Old Movement | Wednesday | 4:30 – 5:00 pm |
| Pilates | Tuesday | 7:30 – 8:00 pm |

Sarah's Dance Academy

2025 Spring Tuition Schedule

Sarah's Dance Academy class curriculum is based on a 10-week or 15-week program. Tuition payments can be made by **check** (ACH 0.80% fee), or **credit card** (3% service fee). All fees will be included in your monthly payment. If you pay in Full by **cash**, please email the Studio for details.

Tuition for 15-week classes: When using the 4-Month Payment Plan, payments are due on the 1st of each month regardless of how many classes are in that month. Upon registration, please go to your online account and enter in payment information.

Tuition for 10-week classes is due in full upon Registration.

Contact the Studio for Private and Semi-Private Lessons.

Enroll online at SarahsDanceAcademy.com

30-Week Programs (Payments from September - April)

30 minute - \$38 per month

45 minute - \$45 per month

60 minute - \$58 per month

90 minute - \$75 per month

10-Week Programs

2-Year-Old Movement - \$85 one Payment, flat fee

Fairy Tale - \$145 one Payment, flat fee

Adult Classes - \$85 one Payment, flat fee

Recital Private Lessons

Private Lesson 30 min (Solo) - \$28 per half hour non-competitive 30-weeks

Semi-Private Lesson 30 min (Duet/Trio) - \$22 per half hour, per student non-competitive 30-weeks

Recital Programs

Parent Dancer and Grand Finale - \$75 per dancer, flat fee

| PLAN TYPE | FIRST PAYMENT DUE | FOLLOWING PAYMENT DATES |
|------------------|-------------------|--|
| FULL PAYMENT | Upon Registration | |
| 4-MONTH PAY PLAN | Upon Registration | Four payments- First payment due at the time of enrollment then February 1, March 1, and April 1 |

| DISCOUNTS APPLY ONLY TO ACCOUNTS PAID IN FULL ON OR BEFORE THE FIRST DAY OF CLASS | |
|---|--------|
| * Paid in Full - CASH ONLY | 5% Off |

** Discounts DO NOT apply for Private, Semi-Private, Duet, Trio, or Competitive Troupe Team classes, one discount only can be applied.*

