FREE REGISTRATION until APRIL 1st

WEEK CAMPS

JOIN US FOROUR 2024

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Frozen Princess: June 24-25, 10:00 am-12:00 pm

Summer Sampler: July 15-17 Ages 11+ from 3:30-5:30 pm Ages 5-10 from 5:30-7:30 pm

Ballet Intensive: July 29-31 Ages 6-10 from 5:30-7:30 pm Ages 11+ from 3:30-5:30 pm

OUR 5 WEEK CLASSES RUN JUNE 17th to JULY 26th BOOK NOW!



Dance with My Dolly: June 24, 1:00 - 3:00 pm (Ages 3-6)

Unicoms and Dragons: June 25, 1:00 - 3:00 pm (Ages 3-8)

Ribbons & Pearls and Everything Girls: July 8, 10:00 am - 12:00 pm (Ages 3-6)

Magical Mermaids and Pirates Adventure: July 8, 1:00 - 3:00 pm (Ages 5-10)

Super Hero: July 15, 10:00 am - 12:00 pm (Ages 4-8)

LOL Surprise: July 15, 1:00 - 3:00 pm (Ages 5-9)

Barbie: July 22, 10:00 am - 12:00 pm (Ages 5-12)

Swiftie: July 22, 1:00 - 3:00 pm (Ages 5-12)

Trolls: July 29, 10:00 am - 12:00 pm (Ages 5-9)

Minions: July 29, 1:00 - 3:00 pm (Ages 5-9)

Acro Gymnastics: August 5, 10:00 am - 12:00 pm (Ages 5-18)

TikTok: August 5 Ages 5-8 from 1:00 - 3:00 pm Ages 9-18 from 3:00 - 5:00 pm

JoJo: August 19, 10:00 am - 12:00 pm (Ages 5-10)

Pom: August 19 Ages 5-8 from 1:00 - 3:00 pm Ages 9-18 from 3:00 - 5:00 pm





SARAHSDANCEACADEMY.COM 920.822.7400



551 Hwy 32 – Pulaski, Wisconsin 54162 – (920) 822-7400 Email: <u>SarahsDanceAcademy@yahoo.com</u> Website: <u>www.SarahsDanceAcademy.com</u>

Sarah's Dance Academy invites dancers and parents to join us for our 2024 Summer Dance Season. We are delighted to begin our Eighteenth Summer Dance Year. Summer 5-week classes will run from June 17 through July 26 (No Classes the week of July 4). Summer Camps will run throughout the Summer, beginning June 24 and running through August 19.

Please read the following information over carefully:

- Calendar of Events
- Studio Policies and Procedures
- Summer Classes and Camps
- Tuition Chart
- Registration and Release Form

Registration information can also be found online at <u>www.SarahsDanceAcademy.com</u>

Please register early in order to reserve your place in class. Our schedules are filled on a first-come, first-serve basis. Registrations must be received by June 8.



At *Sarah's Dance Academy* We pride ourselves in not only teaching dance steps, but installing values, self-confidence and grace into each of our dancers. Our professional staff along with our unique dance curriculum is designed to bring out the best in each of our students. We offer classes in Dance, Acro-Gymnastics and Fitness to girls and boys ages 2 through adult, in all styles and skill levels.

Our class sizes are limited in order to give each student more individual attention and a faster progression.

Our students are our future, and we are dedicated to providing them with the best possible instruction, while building relationships with each student and their family. We offer not only the best instruction, but superior customer service.

Sarah L. DeGroot Owner & Director of Dance Instruction

Mrs. Sarah has owned and directed Sarah's Dance Academy in Pulaski for the past 19 years. Sarah's Dance Academy believes in building strong relationships with children, families, & communities. SDA promises to provide a fun, healthy, and safe environment for all ages, cultures, and skill levels. As professional dance instructors, our goal is to provide high quality educational dance while at the same time providing each student with a self-worth and the 'love of dance'. Join in the FUN where there truly is "Something for Everyone" here at *Sarah's Dance Academy*.

We hope to see YOU in June!

Mrs. Sarah L. DeGroot Owner & Director of Dance Instruction

"Your revelation is the tune I dance to." – Ps. 119:77



Sarah's Dance Academy ~ Like us on Facebook, Twitter & Instagram

Sarah's Dance Academy 2024 SUMMER CALENDAR OF EVENTS

April 26 & 27	Competitive Troupe Auditions for 2024 - 2025 Team
June 8	Summer Registrations are Due
June 17	5-Week Summer Classes Begin
June 24 & 25	Frozen Princess Camp and Craft
June 24	Dance With My Dolly Camp
July 25	Unicorns and Dragons Camp
July 8	Ribbons, Pearls & Everything Girls Camp
July 8	Magical Mermaid and Pirate Adventure Camp
July 15	Super Hero Hip-Hop Camp
July 15	LOL Surprise Camp
July 15 – 17	Summer Sampler Camp
July 20	Pulaski Polka Days Parade Practice (<i>9:30 am - 11:00 am</i>)
July 21	Pulaski Polka Days Parade (10:15 am at Pulaski Middle School)
July 22	Barbie Camp
July 22	Swiftie Camp
July 29	Trolls Camp
July 29	Minions Camp
July 29 - 31	Ballet Intensive Camp
August 5	ACRO Gymnastics Camp
August 5	TikTok Camp
August 12	Wish Camp
August 19	JoJo Siwa Hip-Hop Dance Camp
August 19	Pom Camp

END OF SUMMER 2024 CLASSES

Sarah's Dance Academy

2024 SUMMER STUDIO POLICIES AND PROCEDURES

Studio Policies

Our Summer 5-week class program will begin on June 17 and run through July 26. Camps will run throughout the Summer beginning June 24 and running through August 19. Class and Camp Registration Fee of \$15 is due by June 8. Enroll by April 1 for FREE Registration Fee. All Classes and Camps must be paid in full at the time of enrollment. Enrollment is all done online at SarahsDanceAcademy.com. Payment must be made in the form of **check** (ACH 0.80% fee), or **credit card** (3% service fee). There is a \$40 charge for returned checks or debit/credit card transactions, followed by payment in cash. *There will not be any payment invoices sent out for tuition fees.* Please contact the Studio for cash payment.

There are no refunds or adjustments for missed classes, dropping out of class, or suspensions for any reason.

Attendance, Absences, and Miscellaneous

Please call the Dance Studio at (920) 822-7400 if you will not be at class.

Class Observation

Parents are invited to watch their Dancer perform what they have learned on the last day of class or last day of camp during the last 10 minutes of class.

Additional Information

All students are expected to conduct themselves with self-control and with the utmost respect for others. If a student acts in a manner that would put himself, herself, or anyone else at the Studio at harm, that student will be promptly dismissed. Parents will be informed of their child's negative behavior. Listening and following directions in class is a very important part of dance. Disciplining a dancer takes away from class time, which is not fair to the other students. Please feel free to ask us questions as long as it does NOT interrupt class time. We are always open to positive comments and suggestions.

Sarah's Dance Academy has the right to dismiss a student or family for any reason at any time.

SDA Birthday Party. Please contact the Studio for more information.



2024 SUMMER CLASSES and 5-WEEK CLASSES

<u>Competitive Troupe Team</u> is a team that was developed for dancers who desire to perform more often and take their dance to the next level. Please contact the Studio for more information on our Competitive Troupe Teams. Our 2024-2025 Auditions will be held on Friday, April 26 and Saturday, April 27.

<u>Combination Class</u> meets for 60 minutes per week for 5 weeks. This class is for ages 3 years old through adult. Combination Classes for students ages 3 to 6 years old will consist of 30 minutes of Tap and 30 minutes of Ballet or 30 minutes of Jazz, Pom-Pon and 30 minutes of Hip-Hop; for ages 7 and above, 30 minutes of Hip-Hop and 30 minutes of Jazz, Contemporary, and/or Lyrical. This class is perfect for the beginner up to the advanced dancer. Classes are split by age and skill level.

Fairy Tale Dance Class will be offered in 5-week segments and meets for 40 minutes each week. This is a pre-ballet class for students that are preschool age (3 to 5 years old). During the initial week a fairy tale story is read to them, and students will learn Pre-Ballet dance movements with music pertaining to the story. Then students put on costumes over their leotard/tights and then perform their routine. This class is an excellent dance class for beginning little dancers. It is a fun and rewarding experience for the children to dress up and perform! The Fairy Tale costumes are provided for each student at each performance.

Ballet I, II and III meet for 60 minutes per week for 5 weeks. Classical Ballet is fundamental for all dance classes. Ballet provides the basis for all forms of dance and should be taken first, or concurrently, with Tap or Jazz classes. Ballet teaches proper technique, posture, and terminology. Students are grouped together by skill level and experience. All Ballet classes incorporate technical skills and performance skills.

Boys Hip-Hop Dance is a structured form of "street dance" designed to teach coordination, strength, quickness, agility, and endurance. Some tricks may be added. This class is for ages 5 to adult.

<u>Gymnastics ACRO for Dance</u> meets for 45 minutes each week. This class develops courage, strength, stamina, coordination, flexibility, and jumping abilities. Gymnastics ACRO for Dance unites power and poise with grace and beauty, to create an intriguing Dance. This class is for ages 4 and up.

<u>Technique Leaps, Turns & Flex</u> is geared to build the dancer's flexibility and skills such as turns, leaps, and jumps, while perfecting skills and building their core, arms, shoulders, and legs. This is a must class for dancers that want to advance to the next level in dance, or for those dancers with the goal of making one of our Competitive Troupe Teams and/or their High School Dance Team. This class meets for 40 minutes each week.

<u>Conditioning</u> meets for 40 minutes per week and provides a regimen of exercise for the development of a dancer's endurance, strength, flexibility, and coordination.

Pulaski Polka Days Parade is part of the Summer Dance Program including the 5-week classes and all camps. Pulaski Polka Days Parade will be held on Sunday, July 21. Parade Practice for ages 6 and above will be held on Saturday, July 20 from 9:30 until 11:00 am. All Dancers and Parade Volunteers are required to purchase a Sarah's Dance Academy Polka Days tank top, and pompons only if dancing in the Parade (same black tank and poms from 2023 Summer). Orders must be placed online under Summer Class > Polka Day Parade Tank and Polka Day Poms. Please email us your dancer's size for the tank. Payment is due on the first day of class. If you have a tank top and pompons from last year, you DO NOT have to purchase them again. We need six Parade Volunteers, please sign up online, under the class list Polka Day Parade Volunteer. A meeting will be held on Saturday, July 20 at 11:00 am. If interested, please enroll online. Children ages 2 to 5 will ride in the Float, and Parade Volunteers will be sitting on the Float with them. Tank Top, Poms, and Parent Volunteer may be done online at the time of enrollment.

Sarah's Dance Academy

2024 Summer Dance Shoes and Attire

Class	Attire	
Combination Class Tap & Ballet (ages 3 – 6)	Black tap and Pink ballet shoes	
Combination Class - Hip-Hop, Jazz, Lyrical & Pom-Pom (ages 3 and above)	Black stretch Jazz boots	
Combination/Acro Class Attire for Girls	Any color leotards, tights, skirt (optional), unitards, or dance pants/shorts - hair must be up and out of face.	
Combination/Acro Class Attire for Boys	Dance pants and a tight fitting solid color T-shirt	
Private Lessons Class	Leotard, dance pants/shorts (no baggy clothing or jeans), hair out of face, boys will wear the same attire as the Boys Combination Class	
Two-Year-Old Movement Class	Pink ballet shoes, leotard, and tights (a skirt is optional)	
Fairy Tale Dance Class	Pink ballet shoes, any color leotard, and tights (a skirt is optional)	
Ballet Class	Black leotards, pink tights, skirts of any color or pattern, and pink leather or canvas ballet shoes. "Dance Paws" are not allowed in Ballet Class. Hair must be pulled away from face and in a tight bun	
Gymnastics/ACRO for Dance Class	Any color leotard/unitard (pants/shorts are optional). No shoes.	
Adult Classes	Comfy clothes and socks or bare feet	

Sarah's Dance Academy

2024 SUMMER CLASSES

All dance classes that are offered for the **2024 Summer 5-week Program** are listed below by category and will begin the week of June 17, and end on July 26. No classes the week of July 4. Mrs. Sarah will determine a dancer's placement in class according to the dancer's ability. Choose classes by the time preferred. A place in a dance class can be reserved online at SarahsDanceAcademy.com. Please contact the Dance Studio on openings for Private/Semi-Private Lessons.

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CLASS	DAY	TIME	STUDIO
PRE-SCHOOL DANCE			
Two-Year-Old Movement	Tuesday	5:30 - 6:00 pm	С
Fairy Tale Dance	Tuesday	6:00 - 6:40 pm	С
GYMNASTICS ACRO/TUMBLING FOR DANCE			
Level I/II	Tuesday	4:15 - 5:00 pm	С
Level III	Tuesday	6:45 - 7:30 pm	А
Level Open Skills	Tuesday	6:00 -6:45 pm	А
TECHNIQUE LEAPS and TURNS			
Technique Beginner/ Intermediate	Tuesday	6:00 - 6:40 pm	А
Technique Intermediate/ Advanced	Tuesday	4:40 - 5:20 pm	А
CONDITIONING			
Conditioning	Tuesday	5:20 - 6:00 pm	А
COMBINATION CLASSES			
Combination 3 to 5 (Tap and Ballet)	Tuesday	5:00 - 6:00 pm	А
Combination 3 to 5 (Tap and Ballet)	Wednesday	6:00 - 7:00 pm	А
Combination 3 to 5 (Hip-Hop and Jazz or Pom)	Tuesday	6:00 - 7:00 pm	А
Combination 3 to 5 (Hip-Hop and Jazz or Pom)	Wednesday	5:00 - 6:00 pm	А
Combination 6 to 9 (Hip-Hop and Jazz or Contemporary)	Tuesday	4:30 - 5:30 pm	А
Combination 6 to 9 (Hip-Hop and Jazz or Contemporary)	Wednesday	5:00 - 6:00 pm	А
Combination 10 to 14 (Hip-Hop and Jazz or Contemporary)	Tuesday	3:30 - 4:30 pm	А
Combination 10 to 14 (Hip-Hop and Jazz or Contemporary)	Wednesday	6:00 - 7:00 pm	А
Combination 15 and up (Hip-Hop and Jazz or Contemporary)	Tuesday	3:30 - 4:30 pm	А
Boys Hip-Hop	Tuesday	4:00 - 4:30 pm	А
BALLET			
Ballet I/II	Tuesday	6:00 - 7:00 pm	А
Ballet III	Tuesday	3:30 - 4:30 pm	А
Pointe and Pre-Pointe	Tuesday	3:00 - 3:30 pm	А
ADULT FINESS			
Adult Dance and Fitness	Tuesday	6:00 - 6:45pm	С



ONE-WEEK-CAMPS



Come explore with Anna, Elsa, Olaf and all the Frozen friends! Your little one will have a chilling blast as we explore with dance, songs, crafts, storytelling, reenacting, dress up, and more! Dress as your favorite Frozen character each day. Dancers will showcase what they learned for their parents on the last day of camp (final 10 minutes).

Ages 3 to 6 from 10:00 am until 12:00 pm

\$68 per Princess

SUMMER SAMPLER Camp: July 15 through 17

Summer Sampler Camp is a great way for dancers to try out each style of dance, as well as a few specialty classes, for a great price. Dancers will learn short routines in Jazz, Lyrical/Contemporary, and Hip-Hop. This is one of our most talked about programs that we offer, so register early as space is limited. Groups will be split up by age and skill level. Please see the information below for more details. If you're new to Competitive Troupe Team, please make plans to attend this camp. *All Troupe Team members and/or Competitive Soloists must attend this camp.*

Ages 5 to 10 from 5:30 pm until 7:30 pm Ages 11 and above from 3:30 pm until 5:30 pm \$115 per Student

Ballet Intensive Camp: July 29 through 31

This camp focuses on ballet technique, building flexibility and strength, center floor combinations, and conditioning, as well as learning body lines and body awareness. The extra attention to technique and detail often advances the skill of the dancers much faster than regular dance class. This is the Camp for both beginners and advanced dancers to help them keep up on their technique in the summer. *Elite Troupe Team members and Competitive Soloists, Duets and Trios must attend this camp. Highly recommended for all Competitive Dancers.*

Ages 6 to 10 from 5:30 pm until 7:30 pm Ages 11 and above from 3:30 pm until 5:30 pm

\$115 per Student



ONE-DAY-CAMPS

Enjoy the experience of our 1-day Mini Camps. Make a Craft - Learn a Dance - Meet New Friends - Parents Can Drop Off - Shows for the Parents During Last 10 Minutes

Dance With Mg Dolly CAMP: June 24

Grab your Dolly and come with me, we will have so much fun, you just wait and see. We will get dressed up, learn Ballet, make a craft, and sip some tea – it will be so much Fun, we guarantee.

Ages 3 through 6 from 1:00 pm until 3:00 pm \$38 per Student



Does your child love Unicorns, Dragons, and all things Magical? If so, this is the perfect camp for them. Come explore a world of mythical magic and epic enchantment in this Unicorn and Dragon themed dance camp. This camp will be filled with magical fun in movement, storytelling, unicorn horns, and fire-breathing dragons. Dancers will learn a short routine and make a craft.

Ages 3 through 8 from 1:00 pm until 3:00 pm \$38 per Student



Ribbons and Pearls make very happy girls! Arts and Crafts, plus learning an exquisite dance routine.

Ages 3 through 6 from 10:00 am until 12:00 pm \$38 per Student



Meet us under the sea for our Mermaid and Pirate Adventure Day Camp. We will be exploring our Jazz and Hip-Hop favorites as we search for hidden treasures. Plus, it wouldn't be Mermaid and Pirate camp without Bubbles, free dance, and an ocean-themed craft. "Sea" you ashore!

Ages 5 through 10 from 1:00 pm until 3:00 pm

\$38 per Student



Have you ever dreamed of being Super Hero for a day? Do you wish you had Super Powers? Your dream can come true at Super Hero Camp. Be prepared to learn a Hip-Hop Dance routine and act as

your favorite Super Hero. We will make a craft that will take the experience from make-believe to reality. We will also be including an obstacle course and an end show for Parents. Space is limited.

Ages 4 through 8 from 10:00 am until 12:00 pm \$38 per Student



Join us as we laugh out loud and make amazing memories at this camp this summer. We will learn a jazz dance and make a fun craft. We can't wait to laugh with YOU.

Ages 5 through 9 from 1:00 pm until 3:00 pm \$38 per Student



CAMP: July 22

Come on, Barbie, let's go party! Join us this summer in a Barbie world. Campers will experience learning a fun, upbeat jazz routine, make a craft, and walk the red carpet. All as they prepare for their mini performance at the last 10 minutes of class. Dress in your Barbie or Ken-wear.

Ages 5 through 12 from 10:00 am until 12:00 pm

\$38 per Student



SWIFTIE CAMP: July 22

"Shake It Off" at this super fun Taylor Swift Eras Camp where we'll learn dances that the Swifties love. This will be a day of movement, games, crafts, and all things Taylor Swift.

Ages 5 through 12 from 1:00 pm until 3:00 pm \$38 per Student



Dancers will have a blast dancing to all of the Trolls music, dressing like a Troll for a day, and creating that oh so funky hair. Each day dancers will experience crafts, games, and dancing. Our summer dance camp will encourage creativity, learning, and fun for your child.

Ages 5 through 9 from 10:00 am until 12:00 pm \$38 per Student



DANCE CAMP: July 29

Join us for this truly despicable day of dancing and fun! Minions are on the loose and causing all kinds of mayhem in our Dance Studio. Dancers will learn a dance, make a craft, and play games all inspired by Bob and his yellow buddies. Dancers should bring a snack and a water bottle to camp. We will have a mini performance during the last 10 minutes of class.

Ages 5 through 9 from 1:00 pm until 3:00 pm \$38 per Student

ACRO GYMNASTICS CAMP: August 5

This camp will get kids moving like never before. They'll experience gains in their strength, endurance, balance, flexibility, and power. Gymnasts of all levels, from beginners to advanced, experience the thrill of learning new skills and mastering old ones. Our experienced, highly qualified staff works with small groups to identify individual strengths, teach proper technique, and help campers reach their highest potential. Bring a friend to maximize the FUN. Space is limited!

Ages 5 through 18 from 10:00 am until 12:00 pm \$38 per Student

TikTok DANCE CAMP: August 5

Times, they are a ticking... TikTok, TikTok. Come learn the internet's hottest TikTok Dances. We will learn and break down the dances we see online, and then learn how to dance them. We will also create our own SDA TikTok Dance by the end of this camp.

Ages 5 through 8 from 1:00 until 3:00 pm Ages 9 through 18 from 3:00 until 5:00 pm



Join JoJo Siwa for a spectacular day of fun! Your dancer will have a blast learning some great dances, exciting crafts, and making great friendships. Then, at the end of the day, parents are invited to watch their little ones perform what they have learned during the last 10 minutes of class. Space is limited.

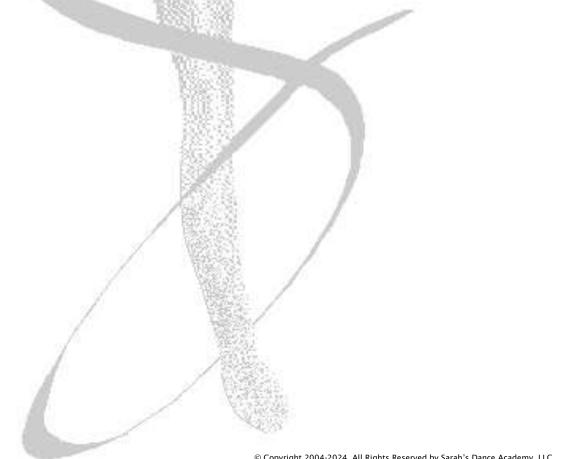
Ages 5 through 10 from 10:00 am until 12:00 pm

\$38 per Student



Shake your Pompoms! This fun-filled camp focuses on the isolating of the body with sharp movements. In this class, you will learn a pompom routine and techniques in leaps, turns, and jumps, along with pom skills. Students will also participate in fun drill-down command games and make memorable arts and crafts to take home.

Ages 5 through 8 from 1:00 pm until 3:00 pm Ages 9 through 18 from 3:00 pm until 5:00 pm \$38 per Student



Sarah's Dance Academy

2024 SUMMER CLASSES, WEEK CAMPS, 1-DAY CAMPS and RULES

Please Enroll Online at SarahsDanceAcademy.com. \$15 Registration Fee and full payment is due at the time of enrollment. Classes and Camp schedules are filled on a first-come, first-serve basis. Please choose the Camp(s) you are interested in, space is limited. Classes begin June 17 and run until July 26. Camps begin June 24 and run throughout the Summer through August 19.

REGISTRATION is ONLINE at SarahsDanceAcademy.com

5-WEEK SUMMER CLASSES	DURATION	FULL Per Person
All Combination Classes	60 minutes	\$70
Ballet I/II/III	60 minutes	\$70
ACRO Gymnastics	45 minutes	\$60
Boy's Hip-Hop	30 minutes	\$40
Fairy Tale Pre-Ballet	40 minutes	\$68
Technique	45 minutes	\$60
Conditioning	45 minutes	\$60

WEEK CAMPS	TUITION Per Person/Per Camp
Frozen Camp & Craft (June 24 - 25)	\$68
Summer Sampler Camp (July 15 - 17)	\$115
Ballet Intensive Camp (July 29 - 31)	\$115

1-DAY CAMPS	TUITION Per Person/Per Camp
Dance With My Dolly (June 24)	\$38
Unicorn and Dragon Enchantment Camp (July 25)	\$38
Ribbons, Pearls & Everything Girls (July 8)	\$38
Magical Mermaid and Pirate Adventure Camp (July 8)	\$38
Super Hero Camp (July 15)	\$38
LOL Surprise Camp (July 15)	\$38
Barbie (July 22)	\$38
Swiftie (July 22)	\$38
Trolls (July 29)	\$38
Minions (July 29)	\$38
Acro Gymnastic Camp (August 5)	\$38
TikTok Camp (August 5)	\$38
JoJo Camp (August 19)	\$38
Pom Camp – (August 19)	\$38

Sarah's Dance Academy

Please read over carefully.

* I understand that *Sarah's Dance Academy* reserves the right to refuse instruction to anyone not abiding by Sarah's Dance Academy's policies.

* I understand that *Sarah's Dance Academy* reserves the right to cancel a class if enrollment falls below three students per class.

* I understand that *Sarah's Dance Academy* is not responsible for lost items, stolen items, or unclaimed merchandise.

* I understand that *Sarah's Dance Academy's* performances are videotaped and may be used for archival and/or promotional purposes.

* I understand that participation in a dance program involves risk and possible injury.

* I understand that *Sarah's Dance Academy* and its staff will not be responsible for injuries sustained in class, while performing, or traveling to or from its facilities.

* I validate that my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program.

* I authorize *Sarah's Dance Academy* to give medical attention to my child in case of an injury or illness if a parent or emergency contact cannot be reached.

* I allow *Sarah's Dance Academy* to use my child's name or photographic likeness in all forms and media for advertising, trade, or any other lawful purpose.

REGISTRATION is ONLINE at SarahsDanceAcademy.com